Life & People

Mönchengladbach at a glance
Wir kümmern uns um E-Mobilität.

Auch wenn Sie heute noch tanken, kümmern wir uns bereits jetzt um den Ausbau der regionalen Ladeinfrastruktur und die Entwicklung von Angeboten rund um das Thema E-Mobilität. Heute und morgen.

www.new.de/kuemmern  new.niederrhein
Discover
Mönchengladbach!

Mönchengladbach is an engaging and exciting city. With a population of almost 270,000, it is one of the largest towns on the Lower Rhine. Its character is shaped by a delightful combination of urban flair and country charm. With its numerous parks and woods, it’s no wonder Mönchengladbach is also known as the “city in the countryside”. And we’ve got a great deal more to offer! In terms of the arts and culture, we have important historical buildings, a world-renowned museum, a famous theatre and a lively cabaret scene. It’s also a haven for shoppers with a wide selection of retail therapy options for every taste in the numerous pedestrian precincts and shopping arcades, particularly the Minto shopping centre.

Rhineland people certainly know how to enjoy life and the residents of Mönchengladbach are no exception. The highpoint of the year are the “Carneval” celebrations with the spectacular Shrove Tuesday procession!

We hope this brochure gives you a taste of life in our city. However, the best impressions are always your own personal ones. Come to Mönchengladbach, get to know the city and its open, warm-hearted people! We look forward to seeing you.
This series of brochures, produced by the city of Mönchengladbach, aims to offer its residents and visitors useful information on a wide range of topics and to introduce our city, its culture and its many leisure opportunities. The brochures are available from the following locations: Mönchengladbach and Rheydt town halls (Rathaus) and from MGMG Marketing Gesellschaft Mönchengladbach mbH. Alternatively, you can download them from the Internet at: www.moenchengladbach.de or from the FIRST Reisebüro Info Service: Alter Markt 9 Bismarckstr. 23 Stresemannstr. 56
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How to Get Here

Travelling to Mönchengladbach

Mönchengladbach is hard to miss! Situated on the west bank of the Rhine between the largest German conurbation – the Ruhr region – and the Netherlands, the city can be reached easily and quickly via the excellent motorway network and the Deutsche Bahn railway system.

By train (Deutsche Bahn)

Mönchengladbach is easily accessible from all of Germany’s major railway stations. More information can be found from:

DB Travel Centre
Mönchengladbach, Europaplatz 1
Rheydt Station
Bahnhofstrasse 66

Rail service numbers
Phone +49 (0) 180 - 699 66 33
Phone +49 (0) 180 - 150 70 90
(DB timetable information )

By plane

Düsseldorf-Mönchengladbach Airport is located just a short distance from the city centre, which means Europe is right on the doorstep. The No 025 bus shuttles between the airport and Mönchengladbach’s main railway station every 20 minutes. And with Düsseldorf International Airport just a 20-minute drive from the city and cheap parking available directly in front of the terminal, flights to destinations all over the globe are also within easy reach.

Airport Mönchengladbach
Phone +49 (0) 2161 – 689 80
www.dus.com

Airport Düsseldorf
Phone +49 (0) 211 - 42 10

Taxi

Why not leave your car at home and take a taxi:

Taxi Service Mönchengladbach
Phone +49 (0) 2161 - 1 30 13

Taxi Service MG-Rheydt
Phone +49 (0) 2166 - 2 50 25
By car
Mönchengladbach is connected to its surrounding region, the cities of Cologne and Düsseldorf and neighbouring countries by an extensive road network. The A52 motorway runs north of Mönchengladbach from the Netherlands to the Ruhr, the A61 to the west links southern Germany to the Netherlands and the A44 joins the Aachen region to the Ruhr.

Parking
Numerous car parks can be found in and around Mönchengladbach. The city has installed a parking guidance system so that visitors are directed quickly to a suitable spot. Finding somewhere to park the car is now child’s play. Further information on parking can be found on the Internet at: www.parkopedia.de/parken/mönchengladbach
Weitere Linien finden Sie in den Linienplänen der örtlichen Verkehrsunternehmen und unter www.vr.de.
Public transport network
S-Bahn (rapid transit)
Mönchengladbach is part of the Rhein-Ruhr (VRR) public transport network and is easily accessible by S-Bahn. More detailed information can be found on the route map opposite or at: www.vrr.de

NEW MöBus
The city’s two major bus stations are situated at Bahnhofsplatz in Mönchengladbach and at the ZOB (Zentraler Omnibusbahnhof) in Rheydt. Further information can be obtained from the MöBus/NEW AG public transport company at:
MöBus Customer Center
Europaplatz 2
(Mönchengladbach main station)
Phone +49 (0) 180 - 650 40 30
Fax Phone +49 (0) 2166 - 688-31 13

MöBus Marienplatz customer centre
Phone +49 (0) 180 - 650 40 30
Fax Phone +49 (0) 2166 - 688 22 59

Fare and route information
Phone +49 (0) 180 - 650 40 30
City Tours

Public tours:
Dates of public tours can be found in the “On Tour” flyer, which can be ordered free of charge from the address below or can be viewed on the Internet at:
www.statdtouren-mg.de

Individual tours:
All city tours can be booked for the date you require, e.g. as a company outing, family party or a gift to friends. On a city tour there’s something of interest for everyone.

Please send all enquiries to:

MGMG Marketing Gesellschaft
Mönchengladbach mbH
Voltastr. 2
41061 Mönchengladbach
Phone +49 (0) 2161 - 255 24 11
Fax +49 (0) 2161 - 93 09 20
info@mgmg.de
www.mgmg.de

City tour bookings and reservations
Haupts Travel Agency
Neusser Str. 317
41065 Mönchengladbach
Phone +49 (0) 2161 – 82 09 80
www.haupts-reisen.de

Tourist- and Information Service
FIRST Reisebüro
Alter Markt 9
41061 Mönchengladbach
Phone +49 (0) 2161 – 93 09 20
www.statdtouren-mg.de
Hugo-Junkers-Hangar

The hangar was built to celebrate the achievements of Hugo Junkers, honorary citizen and one of the most famous sons of the town of Rheydt/Mönchengladbach. In addition to being a successful commercial facility, the Hugo-Junkers-Hangar also recounts the exciting history of aviation and technology.

Sightseeing flights with Tante JU
Mönchengladbach Airport offers a special attraction: a flight on the legendary JUNKERS 52, affectionately known as “Tante JU” (“Auntie JU”), whose creator and builder Hugo Junkers was born in Rheydt. Of the 6,000 planes originally built, only six are still flying and one of them is in Mönchengladbach. If you’d like to treat yourself or your friends to an unforgettable flight as a present, you can buy a flight voucher from the following address:

JU-AIR
JU-52 Sightseeing Flights
Flughafenstr. 95
41066 Mönchengladbach
Phone +49 (0) 700 – 52 52 52 00
www.ju52rundflug.de
For many visitors, the most exciting way to get to know our city at the foot of the Abteiberg is to discover it for themselves, and to experience at first hand evidence of our town’s past and present. The following list includes the most important sights in the centre of the city. Further information can be found on pages 38-43.

1. Still preserved parts of the city wall in Geropark
2. Pumpe, Altes Zeughaus
3. Dicker Turm, traditional Schützenfest celebrations
4. Kapuzinerplatz, former Capuchin monastery, now a Protestant church
5. Alter Markt, Weekly market since 1303, market fountain by Erwin Heerich
6. City Church, with Vitus fountain by Peter Haak in the foreground
7. St. Vith, inn
8. Altstadtwache (police station)
9. Abtei town hall
10. Brunnenhof
11. Propstei (Provost’s residence)
12. Abteiberg Museum
13 Stift. Hum. Grammar School, statues by Hein Minkenberg
14 Haus Erholung
15 Hans-Jonas-Park, Jonas sculpture by Karl Burgeff
16 Music school and adult education college
17 Abteigarten, sculpture park
18 St. Vitus Minster
Mönchengladbach is a regional shopping centre for over half a million people. Let yourself be tempted by a variety of shops and arcades, where an enjoyable shopping experience is guaranteed, whatever the weather.

The 42,000 m² Minto Shopping Centre with over 100 shops on four levels offers customers an outstanding Food Court to recharge the batteries, as well as a unique feel-good atmosphere. The „Minto“ is the first shopping centre in Germany to be awarded 4 stars right from the outset for its customer service concept that guarantees maximum quality, service and retail experience. It is designed as a pleasant, lively and inspirational place for its visitors. This aim is reflected both in the internal design and the external architecture of the centre.

Shopping arcades
Several shopping streets, some of which are pedestrianised zones, await shoppers both in Mönchengladbach itself and in Rheydt. Hindenburgstrasse, Bismarckstrasse and Friedrichstrasse offer specialist shops in addition to department stores with a wide range of merchandise. The fashion sector is particularly well represented in Mönchengladbach as textile companies have been located in the city and the Lower Rhine region for centuries, and internationally renowned firms such as Gardeur and van Laack are based in the city. In Rheydt, where the area’s second shopping centre is located, specialist shops and department stores dominate the scene, and not just on Hauptstrasse and Stresemannstrasse.
Weekly markets
The two biggest weekly markets:
MG city centre: Alter Markt and Kapuzinerplatz
Tuesdays, Thursdays and Saturdays
8.00 am -1.00 pm
MG Rheydt
Wednesdays and Saturdays
8.00 am -2.00 pm

Seasonal markets
Claus Market (once a year in winter)
The alternative Claus Christmas market that visitors simply fall in love with. There are over 120 stall holders selling clothes, illustrations, photos, furniture, decorations, interior design items and all sorts of accessories – with passion, style, conviction and a certain extra something.
Greta Market (once a year in summer)
Open-air summer market held at Schillerplatz in the district of Eicken. The market for beautiful things. A creative market with the character of a street party.
Information on the Claus and Greta markets:
www.meine-greta.de

Farm shops
High-quality foodstuffs can be bought from many farms in the surrounding region. We have put together a short list of farms offering environmentally friendly products:

Birks Hof, Schloß-Dyck-Str. 122
Phone +49 (0) 2166 - 80 191

Buscher Hof, Heinrich-Korsten-Str. 172
Phone +49 (0) 2166 - 5 65 46

Biofarms
Biofarms
Biolandhof Brungs
Venner Straße 382
Phone +49 (0) 2161 - 5 24 35
www.bio-brungs.de

Demeter Hofladen Schifers
(Farm shop)
Merreter 13
Phone +49 (0) 2161 - 58 14 36

Buscher Hof, Heinrich-Korsten-Str. 172
Phone +49 (0) 2166 - 5 65 46

Finkenberger Hof, Berger Dorfstr. 63
Phone +49 (0) 2166 - 5 12 71

Paul Merbecks, Kothenstr. 26
Phone +49 (0) 2161 - 58 07 78

Bauernladen Scheiber
Klusenstr. 110
Phone +49 (0) 2166 - 3 04 52

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The city’s name was first recorded in 1085 as Gladbach (= on the glistening, smooth stream) and then for the first time in 1300 as „Monichgladebach“. After numerous different versions the present name of Mönchengladbach was finally established in 1960.

<table>
<thead>
<tr>
<th>City district</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Area</td>
<td>170.4 km²</td>
</tr>
<tr>
<td>Highest point (Rheydter Höhe)</td>
<td>133 m über NN</td>
</tr>
<tr>
<td>Lowest point (Niers)</td>
<td>35 m über NN</td>
</tr>
<tr>
<td>Length East-West</td>
<td>17 km</td>
</tr>
<tr>
<td>Length North-South</td>
<td>18 km</td>
</tr>
<tr>
<td>Latitude</td>
<td>51° 10'</td>
</tr>
<tr>
<td>Longitude</td>
<td>6° 26'</td>
</tr>
<tr>
<td>Length of city boundary</td>
<td>88 km</td>
</tr>
</tbody>
</table>
The amount of open space is one of Mönchengladbach’s outstanding qualities, with over half the urban area consisting of green spaces and attractive gardens and parks. The Abtei Garden, Bunter Garten, Schmölder Park, Odenkirchen Zoo, the city woods and the Rheydt and Wickrath castle parks all lie in the heart of the ancient cultural and natural landscape of the Lower Rhine.

Bunter Garten (colourful garden)
The green heart in the centre of Mönchengladbach

The 30-hectare Bunter Garten in the centre of Mönchengladbach is one of the city’s most popular parks. It stretches from the Kaiserpark to the main cemetery and also includes the Botanical Garden on Bettrather Strasse. The history of the park began in 1890 with the creation of the Kaiserpark. The other themed areas in the Botanical Garden include the Apothecary’s Garden, the Kitchen Garden, the Ilex Garden and the large conifer section with around 800 different evergreens. A particular highlight here is an imposing old redwood (sequoia sempervirens).
The aviaries right at the entrance to the Botanical Garden, which were created in 1970, are another special attraction. Occupying an area of 600 m², they house an astonishing range of bird species, including parakeets and parrots, diamond doves, yellow and red canaries, frizzle bantams and silkies.

Apothecary’s Garden
The Apothecary’s Garden is home to over 200 different medicinal plants and is used in the training of future pharmacists and chemists.

Scent and Touch Garden or „Blind Garden“
Another of the special areas in the Bunter Garten is the Scent and Touch Garden that has been specially created for blind and partially sighted individuals.

Play area in the Bunter Garten
The play area in the Bunter Garten contains a bird’s nest swing, Mikado slide, octopus, triple swing, wobbly bee, roundabout, snail slide and sand construction site, as well as a small trampoline and table tennis table.

Access and parking:
Beethovenstraße I Bettrather Straße I Lettow-Vorbeck-Straße I Porzeltstraße

www.bungarten.de
Mönchengladbach Zoo (Tiergarten)
Founded in 1957, the 4.3 hectare site houses around 500 animals (125 different species) and is a popular visitor attraction. The Zoo School, which was opened on 17 April 2005, offers children the opportunity to enjoy exciting lessons at first hand in the former animal keepers’ house.
Zoo opening times:
Summer  9.00 am – 6.00 pm
Winter  9.00 am – 4.00 pm
Am Pixbusch 22
41199 Mönchengladbach-Odenkirchen
Phone +49 (0) 2166 - 60 14 74
www.tiergarten-moenchengladbach.de

Kindergartens and school classes from Mönchengladbach have free admission

Pony riding in the Hardter Wald
(Hardt Forest)
Pony-Hof Hardter Wald
Schlaaweg 78
41169 Mönchengladbach-Hardt
Pony hire
for children up to 5 years
Sat and Sun  11.00 am – 3.30 pm
Phone +49 (0) 2161 - 55 82 32

Flora und Fauna
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**Schmölderpark**
The almost 16 hectare Schmölder Park, named after industrialist Carl Schmölder, is still regarded today as Rheyd’s green oasis. The tranquil and uncluttered park with its 180-year-old beech trees, wide areas of grass and lovingly arranged flower beds invites visitors to walk and linger awhile all through the year.

**Hardt Forest**
Hardt Forest with its Celtic barrows is the largest continuous area of woodland in Mönchengladbach and parts of the Naturepark Maas-Schwalm-Nette. As a recreational area, the varied nature experience is suitable for walks and hikes.

*A wagon ride through the Hardt Wald (Hardt Forest)*
Go back 200 years in time! Take an unhurried wagon ride through the Hardt Forest and enjoy an unforgettable journey with friends, colleagues or the family. A complete package of your choice can also be arranged.
Duration: Approx. 180 minutes
Prices: On request
For bookings and further information, contact MGMG on +49 (0) 2161 - 255 24 11 or send an e-mail to info@mgmg.de

**MG-Rheydt City Forest**
The City Forest contains the „Rheydter Höhe“, at 133 m the highest point in Mönchengladbach. Within this extensive wooded area is a pond around which winds a picturesque path. In summer, the meadows are popular for picnics and barbecues. A large play area with fun water features, a wood for playing hide and seek, sunbathing area, ball games area, public barbecue area (reservations needed) and a mini-golf course offer a variety of activities for everyone. There is also plenty of space for your own fun ideas!
Mini Golf,
Phone: +49 (0) 21 66 - 39 04 68
www.kiddypark.de
Niersgrünzug (Niers Riverside Conservation Area)
The Niers River flows for about 22 kilometres through the eastern part of the city from Wanlo to Neuwerk. The Niersgrünzug nature conservation area – a green strip of land on either side of the river with walking and cycle paths – reflects the typical character of the Lower Rhine landscape.

Paddling on the Niers
As well as cycling and walking along the banks of the Niers, you can also explore the river by canoe.
Canoe hire: (small selection)

Camping Hamanns
Phone +49 (0) 2162 - 26 65 50

Sport-Spiel-Spass Agentur (Sport-Play-Fun Agency)
Phone +49 (0) 2161- 551000
www.niers-spass.de

Volksgarten (People’s Garden)
The Volksgarten was a gift from entrepreneur Peter Krall to his home town. The park extends into the neighbouring forest area, the Bungtwald, and has been a conservation area since 1962. The Volksgarten exudes a quite special charm. Over 30-metre tall beech and ash trees stand majestically unworried by time. The quiet, peaceful woodland areas, through which the Bungtbach stream meanders, are a balm for the soul.
Access and parking:
Peter-Krall-Straße / Carl-Diems-Straße / In der Bungt
Rheydter Schlosspark (Castle Park)
The original fortified buildings were redesigned under Otto von Bylandt to plans drawn up by Maximilian Pasqualini in the 16th century and transformed into a prominent Renaissance castle. However, the moat system with its ramparts, the pentagonal underground casemates as well as the gatehouse and outer bailey styled like a palazzo in Fortezza were retained. An exciting symbiosis of cultivated nature, Renaissance architecture and modern art pervades. Around the castle, visitors can enjoy the tranquility of woods, ponds and streams. Natural areas of water and the typical biodiversity of a riverside woodland environment have again been able to flourish. The „Ritterfest Schloss Rheydt“ (Rheydt Knights‘ Tournament) is held every year in the castle grounds together with a medieval craft market. The „Schloss

Bresges-Park
Formerly an industrial site housing the Bresges spinning mills, the whole area has now been turned into a large recreational area for all the family. The park also features a pond that has become a popular meeting place for model boat builders.
**Wickrather Schlosspark (Castle Park)**

A regional Euroga2002plus beacon project, the 19-hectare park reflects the relationship between culture and landscape. The baroque-style moated castle in Wickrath was built between 1746 and 1772. The waters form a sort of „coronet“ and symbolise the standing and power of Imperial Count Otto von Quadt. The baroque-style „Carrot“ – a stretch of the river Niers – separates the outer bailey from the main castle building. Rare ducks, kingfishers and herons can be found and admired in Wickrath Park. With its historic ambience and almost 300-year-old tradition as a centre for horse breeding after the return of the „Rheinisch Pferdestammbuch“ (regional equestrian association), it is now an extremely attractive equestrian centre.

**Schwalm-Nette Nature Park**

The Schwalm-Nette Nature Park stretches along the border between Germany and the Netherlands. Founded in 1965, it has been part of the German-Dutch Maas-Schwalm-Nette Nature Park since 1976. Situated in a typical Lower Rhine landscape, it is an important regional recreational area that lends itself to great days and weekends out.
Borussia Vfl 1900
Mönchengladbach e.V.

Borussia – the name of the legendary Mönchengladbach football club! No other team in the German Bundesliga is, perhaps, as popular as the team nicknamed the „Foals Eleven“. In the 1960s and 1970s the „heroes from Bökelberg“ won titles both at home in Germany and abroad. They were German league champions on five occasions and twice winners of the UEFA Cup. The nickname „Foals Eleven“ was coined by a Mönchengladbach journalist, who gave them the name because of their impetuous style of play. The team owes a lot to trainer, Hennes Weisweiler, the man behind the team’s promotion to the Bundesliga in 1965.

On 1 August 2010, the club celebrated its 110th anniversary. BORUSSIA PARK stadium has been home to the club since 2004 and is owned by the club. It covers a total of 264,000 square metres and unites all club institutions under one roof.

Borussia is famous for its excellent youth development department. The „FOHLEN“ („foals“) FOOTBALL ACADEMY offers young footballers the opportunity to train under the watchful eyes of Borussia’s youth trainers. For many of them this opens up the door to the club’s youth team.

As well as being the regular training ground for Bundesliga team Borussia Mönchengladbach, the BORUSSIA PARK training ground also plays host to football holiday camps. Spectators who want to watch the training sessions can park free of charge at car park P1. Training is generally open to the public, although the final training before competitive matches normally takes place behind closed doors.

www.borussia.de
Mythic Borussia Tour
The Mythic Borussia Tour follows in the footsteps of the team’s football legends. Organised by the Mönchengladbach Marketing Company (MG-MG), it stops at specific points of football interest and shows visitors what it means to be a real „Borusse“ fan. After a wealth of anecdotes and stories, the crowning end is a tour of BORUSSIA PARK itself. For more information and dates of the tour, and to obtain an NRW German Football Route brochure, visit www.stadt-touren-mg.de, or contact Marketing Gesellschaft Mönchengladbach mbH. Phone +49 (0) 2161 – 255 24 11

NRW German Football Route in Mönchengladbach
The German Football Route in North Rhine Westphalia is the brainchild of the Western Germany Football and Athletics Association and comprises 15 cities and 750 kilometres of football passion. Information boards have been put up at eleven locations through the city, providing information about the Borussia Mönchengladbach club. Deutsche Fussball Route NRW e.V. Friedrich-Alfred-Str.11, 470558 Duisburg Phone +49 (0) 203 – 717 22 401 www.dfr-nrw.de
The most modern hockey stadium in Europe, and currently the only stadium in Germany capable of hosting World Cup matches, offers ideal conditions for players and accommodates about 14,000 hockey fans. With 2 artificial pitches, floodlights and executive boxes, this is an ideal venue for watching top-level sport live. In addition to sporting events, the Sparkassenpark is also famous for hosting cultural events such as pop concerts. International stars including Carlos Santana, David Guetta, Elton John, Shakira and Simply Red as well as some of the big names of German pop, such as Herbert Grönemeyer, Xavier Naidoo and Die Fantastischen Vier, have all graced the stage of the Sparkassenpark.

www.sparkassenpark.de
Climbing
KletterKirche MG GmbH
Nicodemstr. 36
41068 Mönchengladbach
Phone +49 (0) 2161 4613960
Mon 4.00 pm – 10.00 pm
Tue – Fri noon – 10.00 pm
Sat, Sun, public holidays
10.00 am – 8.00 pm
In 2009, the former church of St. Peter Waldhausen was converted into a „climbing church“. You can now try out your skills on the 13 m high climbing walls between the nave and sacristy.
www.kletterkirche.de

American football and baseball
Mönchengladbach Wolfpack (founded in December 2011) is the American football section of American Sports Mönchengladbach e.V.
In 2014, a new baseball section was set up under the team name MG Blackcaps. The Blackcaps started playing competitive league matches in 2015 and, with the current club structure, baseball enthusiasts now have somewhere to enjoy this popular US game. The focus here is on the promotion of young players as the basis for success in the area of American sports.
www.mg-blackcaps.de
www.mg-wolfpack.de

Alpenpark Neuss
The JEVER FUN SKIHALLE Neuss offers passionate skiers and beginners the best possible skiing conditions on its perfect pistes.
www.alpenpark-neuss.de
Traditional summer customs are deeply rooted in people’s lives in Mönchengladbach and throughout the Lower Rhine region. An important cornerstone of regional customs is represented by the shooting fraternities or rifle clubs, the so-called Schützenvereins, many of which can point to a history going back up to 700 years.

The local association of the Historischen Deutschen Schützenbruderschaften (Historical German Shooting Fraternity Federation) – the Bezirksverband Mönchengladbach, Rheydt, Korschenbroich e.V. – is an alliance of 38 fraternities and clubs that maintain the customs of the Lower Rhine region in accordance with the basic traditional principles of “faith, tradition and homeland”.

The Schützenfest (Marksmen’s Festival) in late summer is the year’s highlight at which there is an annual competition to find the best rifleman, who then bears the title of „Schützenkönig“ (King of Marksmen) for the coming year. More than 2,500 riflemen and musicians form a procession through the city that leads to the grounds of the city’s Schützenfest. Around 20,000 residents of Mönchengladbach attend the crowning of the king in the Minster and the subsequent parade in his honour in the Alter Markt (Old Market Place). The local fraternity association (Bezirksverband Mönchengladbach, Rheydt, Korschenbroich e.V.) is the largest regional alliance within the Fraternity Federation.
Veilchendienstag (Shrove Tuesday / Violet Tuesday)

Celebrating „Karneval“ has long been a Mönchengladbach tradition. What makes Mönchengladbach special is the fact that the big Karneval procession, in contrast to the rest of Rhineland’s Karneval strongholds, does not take place on „Rose Monday“ (Rosenmontag) but a day later. 1936 saw the start of this annual event with the residents of Mönchengladbach exercising their right to act „free as a fool“. As initially they were looking to establish a relatively restrained tone, they chose the name – „Veilchendienstagszug“ (Violet Tuesday Procession) – for this Shrove Tuesday celebration. The violet stands for modesty and is a flower that flourishes in secluded places. However, when the first Veilchendienstagszug took place in 1936, the Karneval celebrations needed a „battle cry“. With the help of a resident’s questionnaire – over 1,000 suggestions were handed in – the words „Halt Pohl“ were duly chosen, which basically means „keep going“ or „stand up for others“. It is now almost 80 years since the first Veilchendienstagszug wound its way through the streets of the town. Today, it is organised by the Mönchengladbach „Karnevalsverband“ (Karneval Association), which now comprises 40 separate Karneval societies. Every year, hundreds of thousands of excited visitors line the approximately six-kilometre long „fool’s serpent“ for an unforgettable experience. More information can be found on the Internet at: www.zugleitung.de
Museums and exhibitions

Mönchengladbach’s cultural attractions are a source of pride and bear comparison with the best Europe has to offer. With the Abteiberg Museum, Mönchengladbach possesses an internationally renowned museum of contemporary art. The approximately 800 year-old Minster, situated above Mönchengladbach’s old town, offers a host of attractions for lovers of religious art. Music, ballet and theatre enthusiasts are also well catered for at the „Vereinigte Städtische Bühnen Krefeld und Mönchengladbach“ (United City Theatres of Krefeld and Mönchengladbach).

It is also well worth while visiting the Rheydt Schloss Museum, which houses a collection of local cultural and historical artefacts in the best-preserved Renaissance buildings of the Lower Rhine.

Städt. Museum Abteiberg (Abteiberg Municipal Museum)
Abteistr. 27, 41061 MG
Phone +49 (0) 2161 – 25 26 37
www.museum-abteiberg.de

Opening times
Tue – Fri 11.00 am – 5.00 pm
Sat, Sun 11.00 am – 6.00 pm
every third tuesday
11.00am - 10.00 am

Sculpture Garden
Mo - Fr 11.00 am - 5.00 pm
Sa - So 11.00 am - 6.00 pm

Designed by star architect, Hans Hollein, the Abteiberg Museum received the renowned Pritzker Award in 1985. The museum owns a collection of contemporary and expressionist art, including photographs by Man Ray. Other important exhibits include works by Gruppe Zero, as well as Beuys and Andy Warhol, Siegmund Polke, Gerhard Richter, Dieter Roth and Jonathan Meese. The Sculpture Garden houses sculptures and other works of art by artists such as Oldenburg, West and Penone.
Städt. Museum Schloss Rheydt
(Schloss Rheydt Municipal Museum)
Schlosstr. 508, 41238 MG-Rheydt
Phone +49 (0) 2166 – 92 89 00
www.schlossrheydt.de

Opening times
Tue – Fri 11.00 am – 5.00 pm
Sat, Sun 11.00 am – 6.00 pm
The museum and ramparts are closed on Mondays.

In the hall at the Schloss Rheydt Museum there is an impressive collection of Renaissance art and cultural exhibits. The centre piece here is the „Wunderkammer“ (Chamber of Curiosities). The history of the building’s construction and usage can be seen in the vaulted cellar. The Vorburg (bailey) houses temporary exhibition areas with several large exhibitions each year. Also to be found in the Vorburg is the permanent exhibition „Flashback - 250 Years of Mönchengladbach History“. These Renaissance buildings, which are the best preserved examples of their type in the Lower Rhine region, have served since 1923 as a municipal and cultural history museum focusing on „European Renaissance Culture“.

Textile machinery collection at the Schloss Rheydt Museum
The Schloss Rheydt Museum collection not only covers municipal history, it also features information, objects and machinery from the textile history of Mönchengladbach. This major collection of textile machinery is unique across Germany and, in particular, contains objects depicting the development of weaving technology – from handweaving and mechanical looms to modern air-jet machines.

Monforts-Quartier
Schwalmstrasse 301
41238 Mönchengladbach
St. Vitus Minster
Abteistr. 41
41061 Mönchengladbach
The Minster’s religious treasures and relics from the 10th-14th centuries are exhibited in the sacristy, crypt and open areas of the Minster.
Opening times
Tue - Fr 11.00 am - 5.00 pm
and by arrangement
Phone +49 (0) 2161 – 46 23 30

Nassauer Stall
Heimat- und Verkehrsverein
Wickrath Schloss Wickrath
41189 Mönchengladbach
www.heimatverein-wickrath.de
nassauer-stall@heimatverein-wickrath.de
Opening times by arrangement
Heritage-listed stables that stage temporary exhibitions and musical events.

BIS - Centre for Open Cultural Works
Bismarckstr. 97 - 99
41061 Mönchengladbach
Phone +49 (0) 2161 - 18 13 00
www.bis-zentrum.de
Opening times
Tue, We, Fr 10.00 am - 12.00 am and Thu 4.00 pm - 8.00 pm
The BIS Centre plans, organises and manages events across all aspects of cultural life, including film, literature, exhibitions, music, dance and theatre, and offers interesting activities for children, young people and adults. In addition, it provides a wide range of workshops and organises courses and regular group meetings etc.
Archäologisches Museum Wasserturm Rheindahlen (Archeological museum)  
Mennrather Str. 80  
41179 Mönchengladbach  
Phone +49 (0)2166 - 24 86 91  
museum.wasserturm@arcor.de  
www.steinzeit-rheindahlen.de  
Opening times  
March to November  
Every 1st Saturday  
2.00 pm - 5.00 pm

Archaeological collection with Stone Age artefacts, in particular Paleolithic finds from the Dreesen brickworks. After the Neandertal Valley, the brickworks is the second most important Paleolithic site in the Rhineland.

Mönchengladbach-Rheindahlen Observatory  
The Observatory was established in 1999 on the land of the Rheindahlen waterworks. Its approx. 4 m diameter dome houses two telescopes with clear apertures of 200 mm and focal lengths of 2 m and 4 m respectively. The Mönchengladbach Astronomical Society offers observation evenings, star guides, excursions, lecture evenings and additional events.

Mennrather Str. 80  
41179 Mönchengladbach  
Phone +49 (0) 2161 – 573113  
Info@astro-mg.de  
www.astro-mg.de

Karnevalsmuseum im Alten Zeughaus  
Verein Altes Zeughaus e.V.  
Weiherstr. 2 - 6,  
41061 Mönchengladbach  
Phone +49 (0) 2161 - 18 01 09  
www.altes-zeughaus.de  
Opening times  
Every 1st Sunday of the month  
11.00 am – 2.00 pm  
From carnival ribbons to the prince’s regalia.
You can’t create a trendy neighbourhood on the drawing board. Low-priced accommodation, squares and rows of houses ignored by redevelopment initiatives are a good starting point. But what a creative neighbourhood needs above all are artists, creatives and engaged residents. The journey from the potential to the reality of a lively urban scene was a long one for Eicken. However, the district just to the north of Mönchengladbach station has witnessed an upsurge in activity over the past few years. The Eicken „quarter“ is home to an assorted collection of art venues, workshops and boutiques. The restaurant scene is also rich and diverse with a wide range of cuisine – from international to regional and from vegan to traditional meat dishes. Take time out to enjoy an unhurried culinary treat!

Since 2001 regional artists have exhibited at Matthiasstrasse 10 [kunstraumo10]. And Eicken-er Strasse 71 is home to EA 71, a workshop facility with exhibition room developed by the city’s Cultural Office and GWSG. The central contact point here – as well as being a popular event venue – is the Theater im Gründungshaus (TIG) at Aretzplätzke. Not far from here, fashion designer Eva Brachten has her shop. Waldhaus 12 with its versatile program offers and projects.

„Die Feine Hofgesellschaft“ at Goethestr. 16 offers a wide range of activities. On the first Sunday of July, Greta, the „Market for Beautiful Things“, attracts thousands to Schillerplatz. This is also where the „Initiative Gründerzeitviertel“ celebrated the 150th anniversary of the establishment of this district and organised various activities from a flea market to music concerts.

There is much more going on here in Eicken that you simply have to discover for yourself – possibly with a look at the wide range of the initiative: www.initiative-gzv.de
Galleries
Galerie Löhr
Kaiserstr. 58/60 /67/69
Phone +49 (0) 2161 - 20 07 62
Tue - Fri 1.00 pm - 6.00 pm
Sat 10.00 am - 2.00 pm
Contemporary art
www.galerieloehrl.de

Die Wallsträssengalerie
Wallstr. 19
Phone +49 (0) 2161 - 2 37 03
Tue - Fri 10.00 am - 6.30 pm
Sat 10.00 am – 4.00 pm
Classic contemporary art
www.wallstrassengalerie.de

[kunstraumno.10]
Mathiasstr. 10
Phone +49 (0)177 - 645 69 63
Fri 5.00 pm - 7.00 pm
Sat and Sun 3.00 pm - 5.00 pm
Contemporary art
www.raum-fuer-kunst.de

MMIII Kunstverein
Mönchengladbach e.V.
Rudolf-Boetzelen-Silo
Künkelstr. 125
Phone +49 (0) 173 – 911 44 94
During the exhibition
Sun 11.00 am - 2.00 pm
Contemporary art
www.mmiii.de

Easy listening
BIS
Bismarckstr. 97 - 99
41061 Mönchengladbach
Phone +49 (0) 2161 - 18 13 00
www.bis-zentrum.info

Kunstwerk
Wickrathberger Str. 18b
41189 Mönchengladbach
Phone +49 (0) 21 66 - 133 93-0
www.kunstwerk-events.de

Projekt 42
Waldhausener Str. 40-42
41061 Mönchengladbach
www.projekt42.info

SparkassenPark
Am Hockeypark 1
Phone +49(0) 2161 - 56 39 210
www.sparkassenpark.de
Theatre

Theatre Krefeld and Mönchengladbach gGmbH
Odenkirchener Straße 78
41236 Mönchengladbach
Phone +49 (0) 2166 - 61 51-165
www.theater-kr-mg.de

Theatre box office
Odenkirchener Straße 78
41236 Mönchengladbach
Phone +49 (0) 2166 - 61 51-100
Mon - Fri 10.00 am – 7.00 pm
Sat 10.00 am – 2.00 pm
Evening box office: One hour before the performance starts

Stages

Kaiser-Friedrich-Halle
Hohenzollernstr. 15
41061 Mönchengladbach
Phone +49 (0) 2161 - 1 00 94
www.mgmg.de
www.kaiser-friedrich-halle.de
An art-nouveau hall built in 1903 for congresses, conferences, concerts, trade fairs and events.

Kunstwerk
Wickrathberger Str. 18b
41189 Mönchengladbach
Phone +49 (0) 21 66 - 1 33 93-0
www.kunstwerk-events.de
Old industrial building in which events and cabaret performances are held.
Cabaret
BIS
Bismarckstr. 97 - 99
41061 Mönchengladbach
Phone +49 (0) 2161 - 18 13 00
www.bis-zentrum.info

Das Rote Krokodil (The red crocodile)
Wickrathberger Str. 18b
41189 Mönchengladbach
Phone +49 (0) 2166 - 1 33 93-0
www.rotes-krokodil.de

TIG Theater im Gründungshaus
Eickener Str. 88
41061 Mönchengladbach
Phone +49 (0) 2405 - 40 86 0
www.dein-tig.de

Die Spindel im BIS
Bismarckstr. 99
41061 Mönchengladbach
Phone +49 (0) 2161 - 1 47 00
www.die-spindel.de

Kulturküche
Waldhausenerstr. 64
41061 Mönchengladbach
Phone +49 (0) 2161 - 82 77 71 1
www.kulturkueche.de

Cinema
Comet Cine Center
Viersener Str. 8
41061 Mönchengladbach
Phone +49 (0) 2161 - 81 44 0

Haus Zoar
Kapuzinerplatz 12
41061 Mönchengladbach
TPhone +49 (0) 2161 - 94 85 480

Concerts
Information about the programme of symphony or Festival Ensemblia can be found in the Event Calendar of Mönchengladbach Today or by ringing +49 (0) 2161 - 255 24 22 and via the Internet at:
www.mgmg.de

Cultural establishments
Mönchengladbach Music School
Lüpertzender Str. 83
41061 Mönchengladbach
Phone +49 (0) 2161 - 25 64 30

City Archive Mönchengladbach
Goebenstr.4-8
41061 Mönchengladbach
Phone +49 (0) 2161- 25 53 51 1

Central Library
Blücherstr. 6
41061 Mönchengladbach
Phone +49 (0) 2161 - 25 63 45
Mönchengladbach’s sights encompass a period of more than 800 years. The oldest historic building is the 12th/13th century minster on the Abteiberg hill, whereas the neighbouring Abteiberg Museum, designed by Hans Hollein, is an example of contemporary architecture in the city centre. Beyond the old town there is much more to visit with castles, country houses, old manor houses and rustic villages.

Altes Zeughaus (Old Armoury)
The former armoury is situated near the Old Market and, at 4.25 metres wide, is the narrowest house in the whole of Mönchengladbach. The Karneval Museum was officially opened here in 2002.

Bunter Garten (Colourful Garden)
Just north of the Kaiser Friedrich Hall is the 30-hectare Bunter Garten with its remarkable array of plant life. The area is subdivided into the Botanical Garden with its rock, herb and pharmacist gardens, the flower parterre and the bird aviary.

City church ✪ TIP ✪
At the top of the Abteiberg hill is the late-Gothic St. Mariä Himmelfahrt (Our Lady of the Assumption) Church, whose tower foundations date from the 13th century. The long nave with its two side aisles and the choir were built between 1469 and 1533. Master builder Julius Busch from Neuss added the two side tower chapels to the church in 1890.

Dicker Turm (Fat Tower)
These historic walls were once part of the medieval city’s defences and now house the Regional Archive of the Shooting Fraternities. Once a year the regional association has an open day and invites the public to visit. In addition to historical flags and uniforms, record books and literature can also be found inside the Dicker Turm. The silver “regal” and official chains are only taken out of the safe for the Schützenfest.

Erlebnisbrücke Nordkanal (North Canal Aerial Bridge)
Erected in the north of Mönchengladbach over the River Niers, this bridge is a living symbol of the history of technology. Visitors can reach the safety of the other bank in a mini-cablecar and experience at first-hand this outstanding bridge design that was developed based on plans from the 19th century.
Rheydt Church (Protestant)
The church was built in the „Historicist“ style between 1899 and 1902 to plans drawn up by Johannes Otzen, the creator of the Friedenskirche (Peace Church) in the St. Pauli district of Hamburg. It is an important example of a Protestant „preachers‘ church“.

Wickrathberg Church (Protestant)
Since its construction in the 11th century, the church has been modified many times. It shows the influences of a number of different building styles.

The outer walls of the nave are provided with Romanesque decorations, the tower is in the baroque style and the interior is rococo. In 1770 it became the parish church of the Quadt family.

Airport
Ever fancied a look behind the scenes at an airport? Would you like a close-up view of the whole installation and the complex systems that make modern air travel possible? If so, then book a tour with the Airport Visitors Service.
Phone +49 (0) 2161-68 98-21
info@flughafen-mgl.de
www.hugo-junkers-hangar.de
Klosterkirche (Convent Church) in Neuwerk
In 1135, the Abbot of Gladbach founded a convent for Benedictine nuns in Neuwerk, whose church is one of the art history treasures of the town. Inside the church are a 15th century Gothic Madonna, a triptychon (winged altar) created by a pupil of Rembrandt (1630-1650), as well as paintings of the life of Christ on the gallery balustrade and intertwining motifs on the gallery’s vaulted ceiling.

Minster
The Basilica Minor, a Romanesque basilica with Gothic choir, dominates the Abteiberg. Situated by the West Tower and begun in 1180, the long nave and two side aisles of the church were completed during the early 13th century. With the completion of the choir under the direction of Cologne master cathedral builder Gerhard, the church was consecrated in 1275. The 13th century Bible Window is one of the most important of its kind in Germany. Since January 2010, the parish of St. Vitus has been based here.

Museum Abteiberg
The Abteiberg Museum, designed by Austrian architect Professor Hans Hollein, won the German Architecture Prize as well as the Pritzker Award, the most important international architecture award, soon after its opening in 1982. In addition to expressionist works and works from the 1960s up to the present day, it also has a large number of photographs by Man Ray. The Sculpture Park in the garden of the Abteiberg Museum is also very interesting. Three generations of international sculptors transformed this former abbey garden into a world of discovery where art and nature complement each other perfectly.
Odenkirchener Burgturm (Castle Tower)
The Burgturm is the oldest building in Odenkirchen and was originally part of the complete medieval fortifications. After the moated castle was destroyed by fire, the lords of the manor, the Merode family, decided in 1734 to erect a gatehouse, the present Burgturm, which has been owned by the church since 1920.

Propstei (Provost’s residence)
This plain baroque building on the north edge of the Abtei Garden was originally a hospital, erected in the 14th century under Abbot William of Orange.

Rathaus Abtei (Abbey Town Hall)
In 974 Abbot Sandrad was looking for a suitable place to establish a monastery in Gladbach, as our town was known in those days, and chose this spot. With secularisation, the Benedictine Abbey was dissolved in 1802. The monastery building was subsequently mainly used for cotton production. In 1835 the abbey was bought by the city and transformed into the town hall.

Rathaus Rheydt (Rheydt Town Hall)
This imposing structure was built between 1894 and 1896 in the historic style of the German Wilhelminian Era and was severely damaged during World War II. Since 1977, when the top of the tower was rebuilt, the citizens of Mönchengladbach have celebrated their “Tower Festival” each year around the town hall.
Schloss Rheydt (Rheydt Castle)
This castle, situated on the River Niers, is the most important remaining example of the domestic culture of the nobility on the Lower Rhine. Parts of the building go back to the 10th century and remain at the core of the castle despite many modifications and extensions. Between 1560 and 1590 this moated castle was converted to the style of the Italian/Dutch renaissance. The three-section castle is defended by a wall and moat system with five protruding bastions. The casemates (underground defensive structures in the protective walls) can be accessed. Schloss Rheydt now houses the municipal museum and won the European Museum of the Year Award in 1978.

Schloss Wickrath (Wickrath Castle)
Built between 1746 and 1772, this baroque castle is situated in a park that has been designed in the shape of a coronet, and consists of a main building and two outer baileys. For more than 100 years the bailey served as a Prussian horse stud. The „Nassauer Stall“ with its cruciform design has been extensively restored. Schloss Wickrath is now a paradise for horse and rider. After a long absence the „Rheinisch Pferdestammbuch“ (regional equestrian association) returned to Wickrath, where it was founded in 1892. This association for all horse breeders in the Rhineland, which enjoys a high reputation throughout Europe, is now again based in the former Schloss Wickrath horse stud.
Stadthalle Rheydt (Rheydt Concert Hall)
The Stadthalle Rheydt was reopened in 1984 as an opera house and is now a concert hall and home of the “Vereinigten Städtischen Bühnen Krefeld und Mönchengladbach” (United City Stages of Krefeld and Mönchengladbach), the oldest fusion theatre in Germany.

St. Vith
This former abbey guest house was built in the first half of the 17th century and is today again welcoming guests as an inn.

Tiergarten Odenkirchen (Zoo)
The Odenkirchen Zoo was established in 1957 as a non-profit organisation. With 4.3 hectares of grounds the zoo now houses about 500 animals, representing 80 species.

Trabrennbahn (Trotting Track)
Did you know that Mönchengladbach boasts the oldest trotting track in Germany? The current equestrian association can trace its roots back to August 1893 when the first races were held at Nierswiesen. In 2012, the Trabrennbahn celebrated its 120th anniversary in style.

Wasserturm (Water Tower)
Built in 1909, the „most beautiful art-nouveau water tower in Germany“ has recovered all of its original charm since its renovation in the 1990s. Visitors can enjoy the panoramic views on guided tours on the first Saturday of each month at 10, 11 and 12 o’clock. Additional guided tours can be arranged by phoning +49 (0) 2166-688 24 06.
CLUBBING

Bar Plastique
Waldhausener Str. 25
Phone +49 (0) 178 - 505 64 29

Bonnie Blitz
Turmstiege 11

Cannape
Alter Markt 42
Phone +49 (0) 2161 - 18 25 15

Die Nacht
Waldhausener Str. 25
Phone +49 (0) 2161 - 17 88 55

Die Box
Waldhausener Str. 38
http://www.die-box-mg.de

Discothek Graf Balderich
Abteiberg 1
Phone +49 (0) 2161 - 17 51 57

Frau Manfred
Aachener Str. 21-23

Goldwasser
Waldhausener Str. 21
Phone +49 (0) 172 - 731 20 14

Graefen Clubbing
Alter Markt 23
Phone +49 (0) 2161 - 464 98 20

Mezcalito
Gasthausstr. 30
Phone +49 (0) 2161 - 17 66 40

Nachtgalerie
Turmstiege 5
Phone +49 (0) 163 - 877 09 38

Projekt 42
Waldhausener Str. 40-42
www.projekt42.info

SunSide - Café Lounge Cocktailbar
Alter Markt 48
Phone +49 (0) 2161 - 46 89 66

Sense - Club (Haus Zoar)
Kapuzinerplatz 12
Phone +49 (0) 2161 - 67 86 636

La Zarah Shishabar
Alter Markt 19
Phone +49 (0) 1525 - 373 04 63

RESTAURANTS

Graefen & König
Alter Markt 43 - 46
Phone +49 (0) 2161 - 18 04 44

Xiclô
Kapuzinerplatz 4
Phone +49 (0) 2161 - 56 75 880

Moshi Bar
Krichelstr. 22
Phone +49 (0) 2161 - 24 74 32

Café Mokka
Stephanstr. 1
Phone +49 (0) 2161 - 46 47 09

Café Trotzdem
Rheydter Str. 242
Phone +49 (0) 2161 - 226 21

Capere
Rheydter Str. 365
Phone +49 (0) 2161 - 20 54 52

Das Café
Wallstr. 19
Phone +49 (0) 2161 - 144 84

Messajero (Livemusik & Küche)
Sophienstr. 17
Phone +49 (0) 2161 - 49 88 719

Nierskind (Burger & Steaks)
Wehnerstr. 1-7
Phone +49 (0) 2161 - 66 05 850

VEGAN & VEGETARIAN CUISINE

Alge
Waldhausener Str. 86a
Phone +49 (0) 177 - 181 88 39

Richard Wagner
Richard-Wagner-Str. 54
Phone +49 (0) 2161 - 294 46 00

Vapiano (also vegan dishes)
Hindenburgstraße (Minto)
Phone +49 (0) 2161 - 294 97 30
The range of restaurants in Mönchengladbach offers a wide diversity of local and national cuisine plus specialities from every continent.

Here you’ll find everything from Asian and (Latin) American cooking through to Lebanese and elegant French cuisine, as well as substantial Irish food. At warmer times of the year especially, Möchengladbach’s many cafés and beer gardens are meeting places for thirsty sun seekers. For a complete list visit: www.moenchengladbach.de

**Restauranttipps, Beer Gardens and Cafés**

**REFINED CUISINE**

- **Flachshof**
  Merreter 10
  Phone +49 (0) 2161 - 58 49 96

- **Franz. Brasserie Gero**
  Weiherstr. 51
  Phone +49 (0) 2161 - 62 88 58

- **La Tavernetta da Nino**
  Postgasse 24
  Phone +49 (0) 2161 - 18 30 70

- **Michelangelo**
  Lüptertzender Str. 133
  Phone +49 (0) 2161 - 20 85 83

- **Mike’s winebar & bistro**
  Weiherstr. 43
  Phone +49 (0) 2161 - 1 25 40

- **Palace St. George**
  Konrad-Zuse-Ring 10
  Phone +49 (0) 2161 - 54 98 80

**GERMAN & INTERNATIONAL CUISINE**

- **Restaurant Lehmanns**
  Myllendonker Str. 247
  Phone +49 (0) 2161 - 66 03 93

- **Restaurant Frenzen**
  Waldhausener Str. 89
  Phone +49 (0) 2161 - 30 399 16

- **Restaurant Schloss Wickrath**
  Wickrath 17
  Phone +49 (0) 2166 - 84 60 63

- **Alte Ulme**
  Venner Str. 2
  Phone +49 (0) 2161 - 89 72 48

- **Bavaria Alm**
  Reststrauch 209
  Phone +49 (0) 2166 - 990 59 30

- **Café Del Sol**
  Reststrauch 211
  Phone +49 (0) 2166 - 217 19 66

- **Elisenhof**
  Klusenstr. 97
  Phone +49 (0) 2166 - 93 30

- **Gasthof Loers**
  Mürriger Str. 17
  Phone +49 (0) 2161 - 95 39 20

- **Haus Heinen**
  Genhülsen 112
  Phone +49 (0) 2161 - 5 86 00

- **KULT + GENUSS**
  Wilhelm-Strauss-Str. 65
  Phone +49 (0) 2166 - 136 15 15

- **Lindenhof**
  Vorster Str. 535
  Phone +49 (0) 2161 - 55 93 40

- **Orofino**
  Zoppenbroich 87
  Phone +49 (0) 2166 - 687 96 80
Restaurant Tipps, Beer Gardens and Cafés

**Purino Hardter Wald**
Ungermannsweg 19  
Phone +49 (0) 2161 - 308 06 00

**Purino Schloss Rheydt**
Schlossstr. 508  
Phone +49 (0) 2166 - 3 13 40

**Ratskeller Rheydt**
Markt 11  
Phone +49 (0) 2166 - 99 800 74

**Restaurant Kaiser Friedrich**
Kaiser-Friedrich-Halle  
Hohenzollernstr. 15  
Reopening Autumn 2019

**Rittergut Wildenrath**
Kuckumer Str. 61  
Phone +49 (0) 2166 - 95 49 54

**Rosenmeer**
Schürenweg 45-47  
Phone +49 (0) 21 61 46 2420

**Salinas (in the People’s garden, Mediterranean)**
Carl-Diem-Straße 2  
Phone +49 (0) 2161 - 599 4 777

**Sonderbar**
Hofstr. 4  
Phone +49 (0) 2161 - 303 26 85

**Weinhof Voosen**
Voosen 51 a  
Phone +49 (0) 2161 - 58 10 27

**BRAUERIES**

**Brauerei zum Stefanus**
Mennrath 59  
Phone +49 (0) 2161 - 58 01 54

**Brauerei Bolten**
Rheydter Str. 138  
Telefon +49 (0) 2161 - 61 79 00

**Brauerei Jöris**
Speicker Str. 3  
Telefon +49 (0) 2161 - 84 94 030

**Bolten Jägerhof**
Beeckerstr. 65  
Phone +49 (0) 2161 - 400 49 72

**Hensen Brauerei**
Untere Str. 133 - 135  
Phone +49 (0) 2161 - 467 49 00

**St. Vith Bolten Brauhaus**
Alter Markt 6  
Phone +49 (0) 2161 - 24 77 551

**ASIAN CUISINE**

**China-City**
Krefelder Str. 358  
Phone +49 (0) 2161 - 463 39 30

**Furu Sushi Grill & More**
Alter Markt 25  
Phone +49 (0) 2161 - 304 08 88

**Baan Chang**
Viersener Str. 7-9 (Marienhof)  
Phone +49 (0) 2161 - 698 33 11

**China Restaurant Jasmin**
Bahnstr. 128  
Phone +49 (0) 2161 - 59 37 44

**Hong Kong Garten**
Trompeterallee 4-6  
Phone +49 (0) 2166 - 55 15 35

**Sisterz Restaurant**
Postgasse 24  
Phone +49 (0) 2161 - 308 07 67

**Dynastie Tang**
Hindenburgstr. 170 (Vituscenter)  
Phone +49 (0) 2161 - 13 77 1
GREEK CUISINE

Alexander der Große
Rossweide 7
Phone +49 (0) 2166 - 57 3 09

Dorthausener Hof
Gladbacher Str. 403
Phone +49 (0) 2161 - 54 27 06

Kolossos
Stadtwaldstr. 369
Phone +49 (0) 2161 - 58 03 88

Mediterranos
Dahlener Str. 487
Phone +49 (0) 2166 - 3 12 97

Platon
Liedberger Str. 5
Phone +49 (0) 2166 89541

ITALIAN CUISINE/
PIZZERIAS

L’Osteria
Schleswiger Str. 34
Phone +49 (0) 2161 - 83 02 320

La Forchetta
Gladbacher Str. 67
Phone +49 (0) 2161 - 570586

FRANZÖSISCHE ESSEN

Brasserie Gero
Weiherstraße 51
Phone +49 (0) 2161 - 62 88 58

ITALIAN CUISINE/
Pizzerias

L’Osteria
Schleswiger Str. 34
Phone +49 (0) 2161 - 83 02 320

La Forchetta
Gladbacher Str. 67
Phone +49 (0) 2161 - 570586

LEBANESE CUISINE

HAYATT Restaurant
Rheyder Str. 183
Phone +49 (0) 2161 6783900

Ristorante Nido
Stephanstr. 10
Phone +49 (0) 2161 - 20 63 67

Saporis d’Italia
Friedrich-Ebert-Str. 29
Phone +49 (0) 2166 - 42 05 67

SPANISCHES ESSEN

Gaudium
Marktstieg 20
Phone +49 (0) 2161 - 56 74 40

La Bodega
Viersener Str. 180
Phone +49 (0) 2161 - 308 48 91

Hans José Tapas Bar & Schnittchen
Lüptertzende Straße 150
Phone +49 (0) 2161 - 46 28 177

STEAKHOUSES/BURGERS

Alter Schlachthof
An der Eickesmühle 13
Phone +49 (0) 2166 - 13 72 70

Marco Polo
Marktstieg 7
Phone +49 (0) 161 - 1 72 08

Ristorante Nido
Stephanstr. 10
Phone +49 (0) 2161 - 20 63 67

Saporis d’Italia
Friedrich-Ebert-Str. 29
Phone +49 (0) 2166 - 42 05 67
La Pampa
Berliner Platz 11
Phone +49 (0) 2161 - 1 60 17

Mendoza
Rheydter Str. 188
Phone +49 (0) 2161 - 20 76 79

Rabbithole
Untere Straße 135
Phone +49 (0) 176-61636648

La Pampa
Berliner Platz 11
Phone +49 (0) 2161 - 1 60 17

Mendoza
Rheydter Str. 188
Phone +49 (0) 2161 - 20 76 79

Rabbithole
Untere Straße 135
Phone +49 (0) 176-61636648

TEX-MEX
El Paso
Turmstiege 8
Phone +49 (0) 2161 - 89 54 99

Los Amigos
Dahlener Str. 194
Phone +49 (0) 2166 - 93 50 79

El Paso
Turmstiege 8
Phone +49 (0) 2161 - 89 54 99

Los Amigos
Dahlener Str. 194
Phone +49 (0) 2166 - 93 50 79

TURKISH CUISINE
Blue Angel
Marktstr. 3
Phone +49 (0) 2166 - 94 03 43

Efesus
Hauptstr. 126
Phone +49 (0) 2166 - 4 08 26

Zeitlos
Gabelsbergerstr. 81
Phone +49 (0) 2161 - 992 98 98

4komma3
Friedrich-Ebert-Str. 276
Phone +49 (0) 2166 - 42 87 03

Café Trotzdem
Rheydter Str. 242
Phone +49 (0) 2161 - 2 26 21

4komma3
Friedrich-Ebert-Str. 276
Phone +49 (0) 2166 - 42 87 03

Café Trotzdem
Rheydter Str. 242
Phone +49 (0) 2161 - 2 26 21

BEER GARDENS
Gasthof Loers
Mürrigerstr. 17
Phone +49 (0) 2161 - 95 39 20

Gaststätte Langer
Ritterstr. 49
Phone +49 (0) 2161 - 2 26 25

Café Restaurant Schloss Wickrath
Schloss Wickrath 17
Phone +49 (0) 166 - 84 60 63

Rittergut Wildenrath
Kuckumer Str. 61
Phone +49 (0) 2166 - 95 49 54

Restaurant Kaiser Friedrich
Hohenzollernstr. 15
Phone +49 (0) 2161 - 466 55 11

Purino Schloss Rheydt
Schlossstr. 508
Phone +49 (0) 2161 - 821 20 60

Gasthof am Schmölderpark
Schmölderstr. 61
Phone +49 (0) 2166 - 37 07 98

Waldrestaurant Onkel Gustav
Brahmsstrasse 142
Phone +49 (0) 2166 - 55 96 36

Gasthof am Schmölderpark
Schmölderstr. 61
Phone +49 (0) 2166 - 37 07 98

Waldrestaurant Onkel Gustav
Brahmsstrasse 142
Phone +49 (0) 2166 - 55 96 36

CAFÉS AND BISTROS
Antonios Espresso Bar
Fridrichstr. 11
Phone +49 (0) 161 - 20 77 66

Hoffmans Cafe Bar
Stepgesstr. 5
Phone +49 (0) 2161 - 18 25 15

Café Kontor im Bankhaus
Albertusstr. 44a
Phone +49 (0) 2161 - 30 45 638

Cafe Mondlicht
Fridrichstr. 18
Phone +49 (0) 2161 - 56 79 486

Das Café
Wallstr. 19
Phone +49 (0) 2161 - 1 44 84

Lax Legere
Wallstr. 17
Phone +49 (0) 2161 82 77 947

Konditorei Café Heinemann
Bismarckstr. 91 & Hauptstr. 17 - 21
www.cafe-heinemann.de

van Dooren
Kaiserstr. 132
Phone +49 (0) 2161 - 24 70 550

Rossini
Marktstr. 35
Phone +49 (0) 2166 - 14 66 67

Konditorei Café Heinemann
Bismarckstr. 91 & Hauptstr. 17 - 21
www.cafe-heinemann.de

van Dooren
Kaiserstr. 132
Phone +49 (0) 2161 - 24 70 550

Rossini
Marktstr. 35
Phone +49 (0) 2166 - 14 66 67
Staying the night in Mönchengladbach means having the choice of a wide selection of hotels and other accommodation – from the comfort of the finest establishments and budget hotels through to holiday apartments, youth hostels and campsites.

### Comfort Superior

**Superior 3 and 4-star accommodation**

- **Best Western Plus Crown Hotel**
  Aachener Str. 120
  41061 Mönchengladbach
  Phone +49 (0) 2161 - 30 60
  [www.crown.bestwestern.de](http://www.crown.bestwestern.de)

- **Dorint Parkhotel Mönchengladbach**
  Hohenzollernstr. 5
  41061 Mönchengladbach
  Phone +49 (0) 2161 - 89 30
  [www.hotel-moenchengladbach.dorint.com](http://www.hotel-moenchengladbach.dorint.com)

- **H4 Hotel im Borussia Park**
  Hennes-Weisweiler-Allee 1
  41179 Mönchengladbach
  Phone +49 (0) 2161 - 56 70 0
  [www.h-hotels.com](http://www.h-hotels.com)

- **Hotel Elisenhof**
  Klusenstr. 97
  41239 Mönchengladbach
  Phone +49 (0) 2166 - 93 30
  [www.elisenhof.de](http://www.elisenhof.de)

- **Leonardo Hotel**
  Speicker Str. 49
  41061 Mönchengladbach
  Phone + 49(0)2161 - 93 80 0
  [www.leonardo-hotels.de](http://www.leonardo-hotels.de)

### Palace St. George

**Konrad-Zuse-Ring 10**

41179 Mönchengladbach

Phone +49 (0) 2161 - 54 98 80

[www.palace-st-george.de](http://www.palace-st-george.de)

- **Hotel-Restaurant Rosenmeer**
  Schürenweg 45-47
  41063 Mönchengladbach
  Phone +49 (0) 2161 - 46 24 20
  [www.rosenmeer.net](http://www.rosenmeer.net)

### Comfort

**3-star accommodation**

- **Akzent Hotel Landhaus Heinen***
  Genhülsen 112
  41179 Mönchengladbach
  Phone +49 (0) 2161 - 5 86 00
  [www.haus-heinen.de](http://www.haus-heinen.de)

- **Hotel Lindenhof**
  Vorster Str. 535
  41169 Mönchengladbach
  Phone +49 (0) 2161 - 55 93 40
  [www.lindenhof-mg.de](http://www.lindenhof-mg.de)

- **Hotel Rheydter Residenz**
  Lehwaldstr. 27-29
  41236 Mönchengladbach
  Phone +49 (0) 2166 - 6 29 60
  [www.rheydter-residenz.de](http://www.rheydter-residenz.de)
<table>
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<th><strong>Standard</strong></th>
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<td>2-star accommodation</td>
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| **B&B Hotel** |
| Breitenbachstr. 41 |
| 41065 Mönchengladbach |
| Phone +49 (0) 2161 - 575 50 |
| [www.hotelbb.de](http://www.hotelbb.de) |

| **Gasthof Loers GmbH** |
| Mürrigerstr. 17 |
| 41068 Mönchengladbach |
| Phone +49 (0) 2161 - 54 02 88 |
| [www.gasthofloers.de](http://www.gasthofloers.de) |

| **Hotel-Restaurant Buchenhof** |
| Peter-Krall-Str. 18 |
| 41065 Mönchengladbach |
| Phone +49 (0) 2161 - 4 36 53 |
| [www.buchenhof-hotel.de](http://www.buchenhof-hotel.de) |

| **Haus Faassen** |
| Vorster Str. 233 |
| 41169 Mönchengladbach |
| Phone +49 (0) 2161 - 55 91 82 |

| **Hotel-Restaurant Frambach** |
| Beckrather Str. 24 |
| 41189 Mönchengladbach |
| Phone +49 (0) 2161 - 55 91 82 |
| [www.hotel-frambach.de](http://www.hotel-frambach.de) |

| **Hotel Heidehaus** |
| Viersener Str. 285 |
| 41063 Mönchengladbach |
| Phone +49 (0) 2161 - 98 08 20 |
| [www.hotel-heidehaus.de](http://www.hotel-heidehaus.de) |

| **Hotel-Restaurant Kastanienhof** |
| Krefelder Str. 765 |
| 41066 Mönchengladbach |
| Phone +49 (0) 2161 - 821 20 60 |
| [www.kastanienhof-hotel.de](http://www.kastanienhof-hotel.de) |

| **Hotel-Restaurant Schüring** |
| Hehnerholt 94 |
| 41069 Mönchengladbach |
| Phone +49 (0) 2161 - 54 02 88 |
| [www.hotel-schuerings.de](http://www.hotel-schuerings.de) |

| **Hotel Spickhofen** |
| Dahlener Str. 88-92 |
| 41239 Mönchengladbach |
| Phone +49 (0) 2166 - 25 50 |
| [www.hotel-restaurant-spickhofen.de](http://www.hotel-restaurant-spickhofen.de) |

| **Gaststätte Zur Börse** |
| Tomper Str. 2-4 |
| 41169 Mönchengladbach |
| Phone +49 (0) 2161 - 55 97 25 |
| [www.mg-hotel-zur-boerse.de](http://www.mg-hotel-zur-boerse.de) |

| **Select Suites & Apartments** |
| Pescher Str. 152 |
| 41169 Mönchengladbach |
| Phone +49 (0) 2161 4079760 |
| [www.selecthotels.de](http://www.selecthotels.de) |

<p>| <strong>Hotel Select</strong> |
| Ludwigstr. 3 |
| 41661 Mönchengladbach |
| Phone +49 (0) 2161 46 84 20 |
| <a href="http://www.selecthotels.de">www.selecthotels.de</a> |</p>
<table>
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<th>Hotel Type</th>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
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<td>Garni</td>
<td>Fair Hotel</td>
<td>Hindenburgstr. 175 41061 Mönchengladbach 02161-8390720</td>
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<td>Hotel Gästehaus André</td>
<td>Geneickenerstr. 104 41238 Mönchengladbach 02161-254199</td>
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<td><a href="http://www.hotelandre.de">www.hotelandre.de</a></td>
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<td>Hotel Garni Kasteel-Scholl</td>
<td>Vorsterstr. 529 41169 Mönchengladbach 02161-559694</td>
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<td><a href="http://www.hotel-garni-mg.de">www.hotel-garni-mg.de</a></td>
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<tr>
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<td>Hotel Haus Kaiser</td>
<td>Geistenbeckerstr. 25 41199 Mönchengladbach 02161-2171810</td>
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<td><a href="http://www.hotel-hk.com">www.hotel-hk.com</a></td>
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<td>Montana Hotel</td>
<td>Giesenkirchenerstr. 41-45 41238 Mönchengladbach 02161-16006</td>
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<td><a href="http://www.montana-hotels.de">www.montana-hotels.de</a></td>
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<td>Hotel Tannenhof</td>
<td>Pfingsgraben 11 41069 Mönchengladbach 02161-596010</td>
<td>02161-596010</td>
<td><a href="http://www.hotel-tannenhof.de">www.hotel-tannenhof.de</a></td>
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<td>Palazzo Hotel</td>
<td>Hindenburgstr. 286 41061 Mönchengladbach 02161-406030</td>
<td>02161-406030</td>
<td><a href="http://www.stargaze-hotels.de">www.stargaze-hotels.de</a></td>
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<td>T3 Hotel Cityloft</td>
<td>Dahlenerstr. 119-125 41061 Mönchengladbach 02161-3984737</td>
<td>02161-3984737</td>
<td><a href="http://www.hotel-cityloft.de">www.hotel-cityloft.de</a></td>
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<td>Holiday Apartments</td>
<td>Hotel-Appartement „Alt Ruhrfeld“</td>
<td>Ruhrfelderstr. 54 41199 Mönchengladbach 02161-609369</td>
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<td><a href="http://www.altruhrfeld.de">www.altruhrfeld.de</a></td>
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<td>Apartment - Appartement Alina</td>
<td>Hehnerstr. 160 41069 Mönchengladbach 02161-5763396</td>
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<td><strong>Holiday apartments and hostels</strong></td>
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<td><strong>Group accommodation</strong></td>
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<tr>
<td>Jugendherberge Hardter Wald</td>
<td>Brahmstr. 156</td>
<td>+49 (0) 2161 - 56 09 00</td>
<td><a href="http://www.moenchengladbach.jugendherberge.de">www.moenchengladbach.jugendherberge.de</a></td>
<td>21 Rooms, 131 Places</td>
</tr>
<tr>
<td>Wilhelm Kliewer Haus</td>
<td>Ungermannsweg 8</td>
<td>+49 (0) 2161 - 57 45 70</td>
<td><a href="http://www.wilhelm-kliewer-haus.de">www.wilhelm-kliewer-haus.de</a></td>
<td>38 Bed, 80 Places for Camping</td>
</tr>
<tr>
<td>Bauernhof-Pension Rademacher</td>
<td>Hehn 296</td>
<td>+49 (0) 172 - 606 91 55</td>
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<tr>
<td>freiRaum stattHotel</td>
<td>Bönningstraße 151, 41239</td>
<td>+49 (0) 2166 - 97 00 0</td>
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<tr>
<td><strong>FeWo Gleich</strong></td>
<td>Rommelsmaar 27</td>
<td>+49 (0) 1726706582</td>
<td><a href="http://www.ferienwohnung-schelsen.de">www.ferienwohnung-schelsen.de</a></td>
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<tr>
<td><strong>FeWo Gravestock Holmes</strong></td>
<td>Krefelder Straße 109</td>
<td>+49 (0) 2161 – 181 784</td>
<td><a href="http://www.little-england.de/">www.little-england.de/</a></td>
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<td>41063 Mönchengladbach</td>
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<tr>
<td><strong>FeWo Hoffmann</strong></td>
<td>Rommelsmaar 25</td>
<td>+49 (0) 152 - 52 12 20 06</td>
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<td></td>
<td>41238 Moenchengladbach</td>
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<tr>
<td><strong>Heeg/Borchers</strong></td>
<td>Ernst-Brasse-Str. 27</td>
<td>+49 (0) 2161 - 430 52</td>
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<tr>
<td></td>
<td>41065 Mönchengladbach</td>
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<tr>
<td><strong>Apartment Gästehaus</strong></td>
<td>Ines Elsberger</td>
<td>+49 (0) 2166 - 67 50 08 8</td>
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<td><strong>Apartment Am Kapelchen</strong></td>
<td>Familie Rütten</td>
<td>+49 (0) 2161 - 58 39 54</td>
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<td><strong>Ferienwohnung Michael Stienen</strong></td>
<td>Siepensteg 22/24</td>
<td>+49 (0) 2161 - 205 26 11 or 0162 - 881 04 45</td>
<td><a href="http://www.ferienwohnung-michael-stienen.de">www.ferienwohnung-michael-stienen.de</a></td>
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<td>Compesmühlenweg 41</td>
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<td><strong>Bauernhof-Pension Rademacher</strong></td>
<td>Hehn 296</td>
<td>+49 (0) 172 - 606 91 55</td>
<td><a href="http://www.little-england.de/">www.little-england.de/</a></td>
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<td><strong>freiRaum stattHotel</strong></td>
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<td>Ernst-Brasse-Str. 27</td>
<td>+49 (0) 2161 - 430 52</td>
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## Caravan parks

**Reisemobilstellplatz Camping Krings**  
Monschauer Straße 12 – 32  
41068 Mönchengladbach  
Phone +49 (0) 2161 - 30 06 0  
15 pitches  
Secure public site, bus stop, free for up to two nights, equipped with disposal unit, no electricity supply.

**Reisemobilplatz Schloss Wickrath**  
Access via Neukircher Weg Parking behind the palace complex  
41189 Mönchengladbach  
Phone +49 (0) 2161 - 25 24 11  
Secure site on the edge of the Wickrath castle garden.  
10 pitches, free for up to two nights.

## Wellness

**Asia Therme Wellness Spa**  
Holzkamp 5-7  
41352 Korschenbroich  
Phone +49 (0) 2161 - 676 08  
www.asiatherme.de

**Gold Elephant - Royal Thai Wellness**  
Albertusstr. 9-11  
Phone +49 (0) 2161 - 247 14 42  
www.royalthaivelines.com

**Return - Active Spa**  
Dorint Parkhotel  
Hohenzollernstr. 5  
41061 Mönchengladbach  
Phone +49 (0) 2161 - 47 77 00  
www.myreturn.de

**Wellness-Studio La Beauté**  
Annastr. 20  
41063 Mönchengladbach  
Phone +49 (0) 2161 - 18 12 33  
www.labeaute-mg.de

**YogaHeimat**  
Dauner Str. 6  
41236 Mönchengladbach  
Phone +49 (0) 2166 - 262 37 54  
www.yogaheimat.de
Mönchengladbach’s old town and surrounding area have everything for an interesting and relaxing holiday for visitors and guests. There are plenty of car rental offices for exploring the surrounding area. Alternatively, you can hire a bike and enjoy the beauty of nature and the sights of the city at your leisure. Cars/bikes can be hired from the following firms:

**Car hire**

**Buchbinder**  
Korschenbroicher Str. 173  
41065 Mönchengladbach  
Phone: +49 (0) 2161 - 47 96 71 0

**Berger Autovermietung**  
Einruhrstr. 86  
41199 Mönchengladbach  
Phone: +49 (0) 2166 - 91 55 90

**Europcar Autovermietung**  
Korschenbroicher Str. 55  
41065 Mönchengladbach  
Phone: +49 (0) 2161 - 49 28 70

**Hertz Autovermietung**  
Künkelstr. 69  
41063 Mönchengladbach  
Phone: +49 (0) 2161 - 40 70 28

**Sixt GmbH & Co Autovermietung KG**  
Goebenstr. 12  
41061 Mönchengladbach  
Phone: +49 (0) 1806 - 25 25 25

**Bike hire**

**Radstation Mönchengladbach Hauptbahnhof**  
Heinrich-Sturm-Str. 20  
41065 Mönchengladbach  
Phone: +49 (0) 2161 - 14 02 8

**Radstation Rheydt Hauptbahnhof**  
Bahnhofstr. 70  
41236 Mönchengladbach  
Phone: +49 (0) 2166 - 13 01 05

**Santander nextbike**  
www.nextbike.de

**Important phone numbers**

- **Doctor/emergency**: 116 117  
  - **Fire service**: 112  
  - **Police**: 110  
  - **Emergency medical assistance at Elisabethkrankenhaus**: Hüburtusstraße 100  
    Phone: +49 (0) 2166 - 36 43 69 90
  - **Airport**:  
    - Düsseldorf: +49 (0) 211 - 42 10  
    - Mönchengladbach: +49 (0) 2161 - 689 80

- **Lost & Found**:  
  Phone: +49 (0) 2161 - 25 62 55

- **MöBus transport information**:  
  Phone: +49 (0) 1806 - 650 40 30

- **City information**:  
  Phone: +49 (0) 2161 - 25 25 25  
  Phone: +49 (0) 2161 - 93 09 20

- **Municipal offices**:  
  Phone: +49 (0) 2161 - 250  
  Phone: +49 (0) 2161 - 130 13  
  Phone: +49 (0) 2166 - 250 25

- **Mönchengladbach Theatre**:  
  Phone: +49 (0) 2166 - 615 11 00

- **FIRST Reisebüro (travel agency)**  
  - **ticket sales**:  
    Phone: +49 (0) 2161 - 93 09 20
Immobilien verkaufen ist einfach.

Mit den Immobilienprofis der Stadtsparkasse.

Jetzt Beratungstermin vereinbaren: 02161-279-33 25